

# Comprehensive Reviews in Food Science and Food Safety

## A New Frontier in Soy Bioactive Peptides that May Prevent Age-related Chronic Diseases

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**ABSTRACT:** During gastrointestinal digestion or food processing of proteins, small peptides can be released and may act as regulatory compounds with hormone-like activities. Numerous biologically active peptides (bioactive peptides) have been identified. Most bioactive peptides are derived from milk and dairy products, with the most common being angiotensin